

TERM 1

AROUND THE GROUNDS





PRINCIPAL

HEIDI CURRIE

What a warm welcome I have received upon joining the Narrabeen community. After only one term I now feel part of this vibrant community and look forward to my tenure here over the next decade. I am so excited about the programs on offer and have been so impressed with our outstanding teachers and student leaders. I do bring a fresh lens to the school and hope to continue to shape the positive learning culture that I see across the school. A heart-felt thank you to everyone who has pitched in to keep the opportunities and activities for students at the centre of everything we do, especially in these uncertain times.

As we finish the term, I wish everyone a happy and safe holiday break and thank our incredible team of teachers and support staff for their amazing capacity to connect with our students and families and provide excellent learning and wellbeing support.

HSC 2021 HIGH ACHIEVERS

It is so important to acknowledge excellence in our academic community. These Year 12 students who achieved Band 6 results in highly academic subjects have inspired others to achieve. Special congratulations to Charlie Hogan, Dux of Year 12 with Bands 5 or 6 in every subject; and a special mention for Bianca Sparks, Band 5 or 6 in every subject.

Individual Band 6 results:

Charlie Hogan - Extension 2 Mathematics; Extension 1 Mathematics
Mazi Kleanthous - Extension 1 English
Alessandro Papallo - Mathematics
Bianca Sparks - Design and Technology; Industrial Technology
Emily Wicks - Extension 1 English; Korean Beginners

STAFFING NEWS

We welcome the following staff to Narrabeen Sports High School (both new and returning): David Newling (HSIE), Jessica Ives (Library), Lidia Marrocco (Science), Benjamin Tasker (Junior School), Michael Rawlings (Music / English), Greg Foy (Languages / English), Brendon Salhani (PDHPE), and Riley Spark (PDHPE). Tammy Devereux has been appointed as the Northern Beaches Wellbeing Nurse for NSHS and Cromer Campus. We will have her for two days per week, beginning in Term 2. We extend a warm welcome and look forward to Tammy working closely with the learning support team.

Year Advisers are the go-to people around academic, social and emotional concerns for your student on a day to day basis. We are supporting our 2022 Co-Advisers with some additional school funded allocation to acknowledge the work that they all do as the first point of contact for families:

Year 7 – Riley Thomas & Lucy Bell
Year 8 – Heather Williamson & Cathy Arnott
Year 9 – Lyndon Pullen & Sarah Sobanski

Year 10 – Annie Shepherd & Sarah Laman

Year 11 – Sam Steele & Lydia Xu

Year 12 – Rebecca Lynch & Peter Moore

The team for our 2023 Year 7 students will be Mark Page & Riley Spark

PERSONAL BEST ASSEMBLY

This was a lovely event for me to experience in my first term in a new school. Thank you to the 250 parents and family members who joined us in the livestream to acknowledge students who persevere with their learning. My address focused on Growth Mindset as I believe that when students work hard and stretch themselves through problem solving, their capacity to learn new things becomes greater - effectively 'getting smarter'. It was amazing to see the large numbers of award recipients giving their personal best.

OPEN NIGHT

Congratulations to everyone who came along to make our event this year a success. A big thank you to the teachers who gave up their time in these extenuating circumstances and to the families numbering into the hundreds who came along to connect with us. I would particularly like to thank the Music and Hospitality students who joined us to welcome our community. Our new parents and primary school students were able to see the positive relationships we nurture and the excellent teaching and learning programs on offer. Future events will return to showcasing the talents of our students in every area of school life.

YEAR 12 PARENT-TEACHER INTERVIEWS

I wish to thank Mr Date for his expert organisation of the online parent-teacher-student conferences in Week 5 through GMeet. This evening was a great success for everyone involved and the feedback was very positive. A big thank you to our hard-working teachers for the valuable insights they were able to offer to improve student learning as we move closer to the HSC. We now have 20 weeks of class time to prepare for final examinations. I encourage all students to act on this feedback and reflect on your own learning on a regular basis. It is this reflection and action that will make the biggest difference.

P&C MEETINGS

It has been my pleasure to get to know this wonderful group of parents who support our community. The recent meeting held at the school included the AGM and I am so pleased that we have an experienced team of leaders to take us forward over the next couple of years. Thank you to James Wiggins who will guide us as President and represent the community on the newly formed PRG (Project Reference Group) for the significantly modified school upgrade. Each meeting I hope to have a guest speaker from the school to share our outstanding teaching and learning programs and practices with parents. Please join us when you can.

*It is reflection
and then action
that will make the
biggest difference!*

ATTENDANCE

We all want our students to get the best education possible, and the building blocks for a great education begin with students coming to school each and every day. School participation helps people to develop important skills, knowledge and values which set them up for further learning and participation in their community. Young people who regularly attend school and complete Year 12 or an equivalent qualification (such as TAFE) have better health and employment outcomes. There is no safe number of days for missing school. Every Day Counts. Each lesson or day a student misses puts them behind and can affect their educational outcomes. Thank you for your continued support in this matter.

CYCLING AND PEDESTRIANS

Some students riding to and from school are tempted to ride in school zones on the footpaths and crossings. I ask that all students dismount in these areas and cooperate with the crossing guards and in addition follow the NSW Government road rules for bicycle riders.

- Bicycle riders must dismount and walk across pedestrian crossings except where bicycle crossing lights are installed.
- Shared paths are signposted and marked so you can tell if you are meant to share the path with pedestrians.

EXCITING NEWS

One last good news story is that we are now an Olympic Pathway Partnership School for the 2032 Brisbane Olympics.

Thank you to the teachers and staff who participated in our new promotional material. Ian and I attended the launch last night at Hickson Lawyers in Barangaroo.

Please see the fantastic videos:

[Video 1](#)
[Video2](#)

Happy and safe holidays.

Heidi Currie
Principal



AROUND THE GROUNDS

RTR Awards	06
Classroom Activities	08
Sport (In the Pool)	10
Sport (Out of the Pool)	12
From Our Students	14
Staff Spotlight	19
From the P&C	20
Updates for Term 2, 2022	22
Success	26



RAISE THE ROOF

This year the Narrabeen Sports High School's Literacy and Numeracy Committee have developed the Words of the Week Spelling tests as a year group literacy competition within the school. We are proud to report on some of the best spellers in Y7-10 for Term 1:

YEAR 7

- Clodagh Carroll (7RTR2) I. Shepherd *
- Georgia Clark (7RTR2) I. Shepherd *
- Alexander Durdevic (7RTR3) Cafaro
- Julia Ralston (7RTR8) Karris *
- Maiia Salbieva (7RTR8) Karris *
- Agnes Smith (7RTR9) Page *
- Hamish Stening (7RTR9) Page *

YEAR 8

- Flynn Greenow (8RTR4) Starr *
- Isabel Higgs (8RTR4) Starr*
- Tahirah Ova (8RTR7) Gavric*
- Samantha Roberts (8RTR8) Mitchell
- Jin Tamura (8RTR8) Mitchell

YEAR 9

- Lily Crabbe (9RTR2) Joyce
- Kai Evans (9RTR3) Durant*
- Catriona Spears (9RTR9) Emond/ Miller/ Curtis
- Lydia Watson (9RTR11) Olzomer
- Elle Wayne (9RTR11)
- Bella Winn (9RTR11)
- Jye Wormleaton (9RTR11)

YEAR 10

- Bronte Edward (10RTR3) Chong
- Ryan Mcphee (10RTR6) Morocco



Ryan McPhee



Bronte Edwards



Alexander Durdevic



Clodagh Carroll



SPELLING IS IMPROVED WHEN READING IS DONE.

Stephen D. Krashen

CLASSROOM

AUSTRALIAN GEOGRAPHY COMPETITION

34 students from years 7 to 10 at Narrabeen Sports High School have joined over 73,000 high school students from across the country to compete in the Australian Geography Competition. Students needed to apply all the geographical skills that they've learnt in the classroom in an online quiz, analysing sources such as videos, maps, diagrams tables, and charts.

Students will receive their results in the first half of next term.

SCIENCE IS FUN. SCIENCE IS CURIOSITY. WE ALL HAVE NATURAL CURIOSITY. SCIENCE IS A PROCESS OF INVESTIGATING. IT'S POSING QUESTIONS AND COMING UP WITH A METHOD. IT'S DELVING IN.

Sally Ride



Science Experiments



Science Experiments



Australian Geography Competition



More Science Experiments



Year 12 Biology

SPORT

IN THE POOL

SWIMMING

Congratulations to our Swimmers on incredible results at the CHS State Swimming Championships.

After recent success as Sydney North Champions, Narrabeen was represented by 26 Swimmers. Incredibly all athletes that competed qualified for finals!

A special congratulations to the following outstanding individuals and/or teams who were State Champion or medallists.

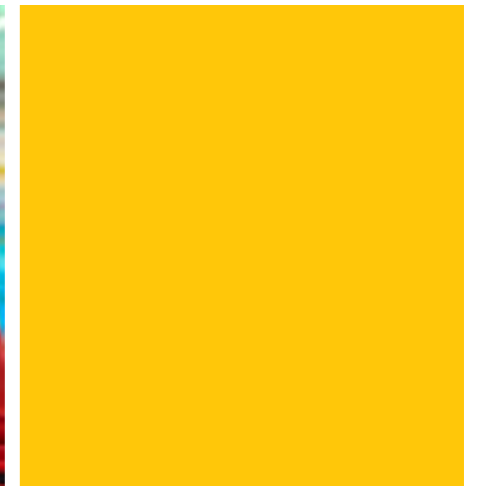
- Dominique M (5 x 1st, 1 x 2nd)
- Jake M (1 x 1st, 1 x 3rd)
- Violet W (1 x 3rd)
- AJ G (1 x 3rd)
- Boys 14 Yrs 4x50m Relay (1st)
- Boys 17 Yrs 4x50m Relay (1st)
- Mixed 12x50m Relay (3rd)

DIVING

Congratulations to Madeleine Bailey for finishing 3rd and 4th in her respective events at the NSWCHS Diving Championship.



Warringah Zone Swimming Age Champions



Madeleine Bailey



SPORT

OUT OF THE POOL

TOUCH FOOTBALL

The Sydney North U15 Boys Touch Team placed second at the NSWCHS Tournament. From that tournament, Tamoko BD on making the NSWCHS team. Wonderful achievement.

The Sydney North U15 Girls Touch Football Team won the tournament and were crowned Champions! Congratulations girls on an outstanding tournament. The girls defeated Sydney East in the final 4-1.

Kelsey B and Carissa S have been selected in the NSW CHS team who will compete in Term 2.

SURFING

Our Surfing teams competed at the High School Lifeline Surf Challenge at Dee Why Beach. Our girls team won the girls division (Bodhi G, Lilliana V, Charlie D, Lola O, Izzy H).

Two of our boys teams made it to the Semi finals and fought hard against the other teams but unfortunately did not make it to the finals (Sean K, Oscar N, Ayden M, Cooper P, Elijah F, Joey G, Kobe M, Archie M, Pip S, Lucas L). Our other boys team (Toby M, Ryder J, Macka H, Jesse D, Baxter H) came in 2nd in a very challenging grand final. Well done to all involved.

DANCE

We are so proud of the accomplishments of our past students, in particular dance extraordinaire alumni, Lettie Staples. Lettie is back at NSHS as a coach of the Dance Academy. She has brought her exceptional hip hop skills, enthusiasm and professionalism to this role.

We are so excited to have her join our wonderful Sports Academy team!



Sydney North U15 Boys Touch Team



Lettie Staples



Sydney North U15 Girls Touch Team

FROM OUR STUDENTS



LACHLAN SMITH, YEAR 12

What has been a highlight from Term 1?

My highlight of Term 1 has been the rewards that come with being a senior at Narrabeen.

Do you have a goal for yourself for the rest of the year?

I have set a goal of handing in my assessment a day before they are due and handing them all in with a smiler format. This goal really helps me keep organised and excited to hand in my work!

Who inspires you and why?

I am inspired by my parents, teachers, and pinterest. I like to look at peoples work and visual examples to gather inspiration for me to do better.

What are you looking forward to the most over the holidays?

Resting and working with industry professionals in my area of interest.

If you could improve one thing in the school, what would it be?

I would Love Love Love to improve and create a senior area around D-Block. As a creative student at a sports school the idea of having a aesthetic and inviting area, indoors and outdoor, around the art room is a great quality to add and to help inspire inspiration and creative thoughts within the community of the school. Virtual Gardens, Garden beds, outside sitting, a fresh coat of paint is all we need to up the quality of that area. By changing a few small things we are improving the area of the art faculty as well as The senior area. Win Win I say.



Greta Macdonald & Thomas Chambers-McLean



THOMAS CHAMBERS-MCLEAN, YEAR 7

What has been a highlight from Term 1?

The start of the term when everything was organised and I was introduced to this school.

Do you have a goal for yourself for the rest of the year?

To try my best and never give up.

Who inspires you and why?

George Orwell. He was the type of person to listen to an argument and say "Yeah but...".

What are you looking forward to the most over the holidays?

A quick break from school.

If you could improve one thing in school, what would it be?

The shading in the playground.



GREAT MACDONALD, YEAR 7

What has been a highlight from Term 1?

Camp was a highlight for me it was a lot of fun and a great way to connect and make new friends.

Do you have a goal for yourself for the rest of the year?

To do well in my assignments and get good grades.

Who inspires you and why?

My mum because she works so hard everyday.

What are you looking forward to the most over the holidays?

I have a dance concert in the holidays and I can't wait for that because it has been delayed because of covid, and easter will be really good.

If you could improve one thing in the school, what would it be?

The bathrooms could be better and more clean.





ZAC MOFFAT, YEAR 7

What has been a highlight from Term 1?

I have really enjoyed running club and all of the different opportunities in the classrooms.

Do you have a goal for yourself for the rest of the year?

I would like to get good grades and participate in all of the opportunities that this school provides.

Who inspires you and why?

My parents as they always maintain a good attitude and help me to do my best in the thing I want to achieve.

What are you looking forward to the most over the holidays?

I am looking forward to catching up with my primary school friends who moved to different highschools and having a break from so much homework.

If you could improve one thing in school, what would it be?

To make some new toilets for the year sevens because it can be very confronting going to the bathroom.

.....
*My peers and
teachers inspire me!*
.....

JAMIE-LEA NIX, YEAR 12



What has been a highlight from Term 1?

My results in year 12, how hard I try in school, sporting results

Do you have a goal for yourself for the rest of the year?

Getting good results in the HSC and trying my hardest and applying myself to the best of my ability.

Who inspires you and why?

My peers and supportive teachers

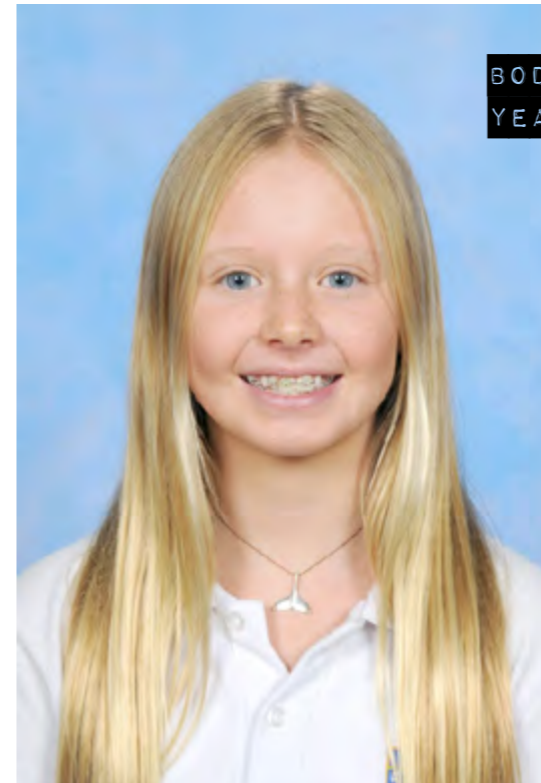
What are you looking forward to the most over the holidays?

Going on holidays, having a break from school.

If you could improve one thing in the school, what would it be?

I don't know!

FROM OUR STUDENTS



BODHI GAVRANIC WORSLEY,
YEAR 8

What has been a highlight from Term 1?

My tag team surfing competition representing Narrabeen Sports High school.

Do you have a goal for yourself for the rest of the year?

I really aspire to work hard in my school learning, and in all subjects and assignments to work as hard as I possibly can. I also really want to get better at surf academy, and to push myself to train hard. My surf coaches have definitely helped me improve already, and supported me through out the time I've been there.

Who inspires you and why?

Someone who has really inspired me pretty much my whole life, is Laura Enever. She has surfed really big waves and worked so hard, and pushed herself to her very best. She has always supported me with my surfing, ever since I was really young, and is such an amazing role model for young girls like me.

What are you looking forward to the most over the holidays?

I'm looking forward to a little break from assignments and school work, and more opportunities to surf and to get better.

If you could improve one thing in the school, what would it be?

I really wish that there was less rubbish lying around the school, that gets swept away into the ocean becomes pollution.



Lauren Enever



FROM OUR STUDENTS CONT.



LUCY MARTIN, YEAR 10

What has been a highlight from Term 1?

A highlight from Term 1 would be interacting with new people from my class (making new friends) and having new academy teachers in Dance Academy that are producing great dances.

Do you have a goal for yourself for the rest of the year?

I have a goal to receive high grades in all of my subjects and do well at competitions for Dance Academy.

Who inspires you and why?

Someone who inspires me would have to be my dance teacher outside of school because she has a very well balanced life. She also always strives her hardest and uses humour as a way to interact with us at dance.

What are you looking forward to the most over the holidays?

In the holidays I am looking forward to reading some of my books and spending time on myself.

If you could improve one thing in the school, what would it be?

If I could improve one thing at the school it would have to be the school bathrooms since they aren't the most appealing.



STAFF SPOT LIGHT

JACQUELINE HAMPSON



How long have you been at Narrabeen Sports High School?

I have been happily teaching at Narrabeen Sports High School for 6 Years.

What is your role at the school?

I am the Head Teacher of Teaching and Learning

What do you enjoy about it?

The unique and funny students and staff I get to work with every day!

What has been a highlight during your time at NSHS?

Being there to celebrate the students' successes when they attain something that they previously struggled with! This could be in the classroom, reaching a personal goal, or out on the sporting field. When students stick with a challenge and overcome what they are facing, these moments bring me the most joy in my role.

What is your number one tip for students at NSHS?

No matter how many mistakes you make or how slow you progress, you're still way ahead of everyone who isn't trying.

How do you see the future of teaching or what would you like to see for teachers and students?

With the reduction of covid restrictions, I cannot wait to see all the awesome excursions and events coming back into the school so we can continue to celebrate the Narrabeen Sports High School Culture!

Last words...

Say something positive, and you'll see something positive.

*Say something
Positive, and you'll
see something
positive!*



JAMES WIGGINS

FROM THE P&C

A TASTE OF THE FUTURE

This first term of 2022 has had its ups and downs with COVID still making life interesting for our children and for us. But it does look like there is light at the end of this particular tunnel as we end the Term. But what of the future?

The new curriculum has already changed the lives of Year 11 and 12 students, and it will begin to change the lives of all other students over the next couple of years. A big focus of this new curriculum is the move away from teaching information to teaching capabilities to ensure our kids are better prepared for a very different future. Along with this come changes to teaching and learning methods and changes to our learning spaces. And with the school rebuild also back on the agenda now as COVID becomes a memory, this will be an important and very noticeable feature of school life for our kids soon.

As parents and carers probably 15-20 years or more out of school ourselves, it may be difficult to understand what's wrong with the old-fashioned teacher at the front of a class of orderly rows of students. It worked for us, right?

I won't overwhelm you with the dry theoretical detail here but, in general, when you think about it, if you're attempting to encourage critical thinking, creative/conceptual thinking, collaboration, and communications skills, just sitting passively listening to a teacher at the front is just not going to work well. Whether your kids are destined to be carpenters and electricians or engineers and lawyers, these are essential capabilities not just for the future – but



Harbord Public School



Bellevue Hill Public School

There are now a wider variety of learning modes that also include students collaborating in small groups or even leading class discussions themselves.

important right now. They already make the difference between just surviving and really prospering.

There are now a wider variety of learning modes that also include students collaborating in small groups or even leading class discussions themselves. The old-fashioned classroom layout doesn't work well for most of these modes now. If you are interested in the new learning formats and spaces your children will experience from next year onwards, I encourage you to take advantage of our monthly P&C meetings (second Tuesday of every month when school is in) and our P&C Facebook page (www.facebook.com/narrabeenshspandcassoc), where we will start sharing information about these changes.

James Wiggins
President, NSHS P&C Association

GEARING UP FOR TERM 2, 2022

WEATHER

Thank you to our student and parent community for their understanding and calm response for the short-notice evacuations we had to make due to the weather this term. Unfortunately, our school was significantly impacted with rain bombs and local flooding. Once again, highlighting the resilience of our students, staff and school community.

The weather also meant many of our usual sporting fixtures were cancelled this term. We hope next term we will have sport return with some consistency!

WINTER UNIFORM

We urge our students to return to school in their Winter uniform. You can order winter school and sports uniform via our online store. <http://bit.ly/3k2Z234>

DATES FOR THE DIARY

DATE	EVENT
25 Apr	ANZAC Day
27 Apr	Students return Term 2
03 May	Year 8 & 9 Parent Teacher interviews
09 May	NSHS Athletics Carnival
17 May	Year 10 & 11 Parent Teacher interviews
26 May	Northern Beaches Careers Expo
27 May	Zone Athletics Carnival
30 May	Year 10 Future Pathways interviews begin
13 Jun	Public Holiday
16 Jun	Sydney North Cross Country
01 Jul	Last day of Term

CANTEEN MENU 2022

Below is the Canteen Menu for Term 2, 2022.

Canteen Menu

BREAKFAST MENU

Freshly baked assorted muffins	\$2.50
Oven-baked hash browns	\$1.50
Ham & 2 eggs roll	\$6.00
Assortment of cereals	\$3.50

ALL DAY MENU

Freshly baked assorted muffins	\$2.50
Assortment of fresh wraps	\$5.00
Chicken Schnitzel, crispy lettuce & whole egg mayo	
Ham, cheese, tomato, crispy lettuce & mayo	
Egg, crispy lettuce & mayo	
Assortment of salad wraps	
Canteen made sausage rolls	\$4.00
Spinach & ricotta quiche	\$4.00
Vegetarian quiche	\$4.00
Ham & Cheese quiche	\$4.00
Burgers	
All made with lettuce, melted cheese and sauce	
Chilli chicken	
Chicken fillet	
Beef	
Vege	
Assortment of bread rolls	TBA

SALADS \$6.50

CAESAR SALAD - Crispy cos lettuce, chicken, crispy bacon, parmesan, egg, croutons & whole egg mayo
GREEK SALAD - Cherry tomatoes, cucumber, red capsicum, Spanish onions, Danish fetta & canteen made vinaigrette

SPECIALS OF THE DAY \$6.00

MONDAY - Penne Neapolitan (a tasty tomato based pasta with garlic, onion, mixed herbs, crushed tomatoes & tasty cheese)
TUESDAY - Honey soy drummy's served with Jasmine rice
WEDNESDAY - Lasagne (Beef, crushed tomato's layered with lasagne sheets and topped with parmesan & tasty cheese)
THURSDAY - Butter chicken and basmati rice (a blend of spices with a butter chicken paste blended in a light cream)
FRIDAY - Beef ravioli served with bolognese sauce & a sprinkling of cheese, or Sushi

Volunteers are an essential part of our school canteen. With your help we can continue to keep fresh & healthy food at affordable prices. Even if you only have a few hours to spare. Your time is rewarded with lunch, appreciation & a chance to get to know your child's friends and other parents.

DRINKS AVAILABLE ALL DAY

300ml Milkshakes	\$3.00
Chocolate, strawberry & vanilla malt	
Water pump 750ml	\$4.00
Water 300ml	\$2.00
Juices (orange & apple)	\$3.00
No sugar mineral water	\$2.80
Raspberry, apple & black currant	

You are welcome to contact Belinda's Kitchen if you have special dietary requirements eg gluten or lactose free belindaskitchen@gmail.com. Pre - Order to avoid disappointment and waiting time.





HAPPY EASTER AND HAVE A GREAT HOLIDAY
FROM THE ENTIRE NSHS COMMUNITY

