

TERM 3

AROUND THE GROUNDS





PRINCIPAL

DANE ROPA

Dear Narrabeen

Once a Narrabeen kid, always a Narrabeen kid. I have said this so many times in so many different places and contexts. I remember saying it when I was approached by a past school captain on Australia Day at the Australian Embassy in Croatia.

When graduating students cry at the end of their time at our school, I remind them of this saying and to take our school with them every day into their future. And when current students show who we are in the many amazing ways our teenagers step-up to the plate every day – no more so than in the current times - it's the spirit of this saying they are showing in their action.

*I'm told by a wide
variety of people,
how outstanding
our school is!*

On Friday morning when I walked into my office for the last time, the Deputy Principals had scattered my meeting desk with many, many photos. In one I was playing handball with students in the playground. In another, I was presenting graduation certificates to students who had overcome many challenges. One that made me laugh were two photos side-by-side of me as a 10 and 70 year old created by an app, showing how I'd aged working at our school! Each photo was printed with the words, 'once a Narrabeen kid, always a Narrabeen kid'. As I looked across these photos of the past six years, the power and importance of this message became clear. It is at the heart of why it matters to be part of our school community. It's about including every person, about making sure every person can improve and of positively influencing us into the future.

Narrabeen Sports High School supports everyone who is part of its community. Whether it is supporting students to 'have a go' or to support them to exceed their potential. This is what it means to be inclusive, comprehensive and innovative and most importantly to 'make it count'. As Principal, I too have experienced this opportunity to grow and learn and contribute; and in doing so I have come to care very deeply for our students, staff and community.

For this reason it is with much sadness and a strong bittersweet feeling that I leave our school at a time where much of our work is coming to realisation and a lot more is just on the horizon. Since 2016 our student enrolment, staff and community has almost doubled. We have advanced academically in wellbeing and in establishing individual future pathways for every student. Through constant and rapid change we have built a cohesive, inclusive, collaborative and support-focused culture.

Everything at our school is constantly improving. I am often told by a wide variety of people, how uniquely outstanding our school is. I know this is because our school has an unusually high percentage of high quality staff who are endlessly loyal and supportive of our students. They are also relentlessly

dedicated to innovation and always doing better. Every day I see them give time and energy far beyond what their role requires to make sure every student is given the best possible learning opportunities and care.

May I respectfully request your continued support of our staff. Their energy and resilience is not infinite and directly impacts every child's success.

If I could leave with just two clear messages it would be about the critical importance of staff and financial resources. For the past few years I have sent an email outlining how we budget the school year. This year many parents were surprised at the extent to which their financial contribution via school fees, provides for many of the resources we all identify as distinctive and expected elements of our school. Financial support of the school makes the difference for our students.

For tens of thousands of years the land our school is built on was cared for by local First Nations People. Just as it is now, the land was used for recreation, culture and education. The beautiful site on which our school is set will be developed in the very near future to offer even more outstanding facilities for our students and community. A line of sight to the original custodians is established when we support and participate in the many ways available to contribute and grow at our school. I encourage you to connect with the P&C, SRC, sport and arts programs, study centre, competitions and many other activities available.

Working together to build our school has been a privilege and has created many proud moments. I am so grateful to have been part of the Narrabeen story and to see the positive impact our school has had on so many people. This has been enormously fulfilling and I thank you for letting me be part of your lives these past six years.

There are many more high achievements to come for Narrabeen Sports High School and I am humbled and pleased to have been a part of that success.

Thank you for your support during my time as Principal.

I wish you all the best for the future.

Sincerely

Dane Ropa
Principal



AROUND THE GROUNDS



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ANDREW STEVENSON

FROM THE DIRECTOR

CONGRATULATIONS AND FAREWELL MR ROPA

Dear Narrabeen Sports High School Community

The loss of a great school leader always brings with it disappointment and some anxiety. As a member of a school community it's natural to wonder whether such a significant change could impact negatively on the culture of teaching and learning. As the Director Educational Leadership for the Pittwater Network, let me assure you that NSHS will continue to shine as an inclusive, specialised and comprehensive local high school. It will continue to build upon the academic growth and increased wellbeing that students have demonstrated over the past 6 years under Mr Ropa's leadership.

Mr Ropa has driven an exciting educational agenda, highlighted by his sustained focus on creating a culture of improvement. His critical mantra of 'keeping the main thing, the main thing', has ensured a sustained focus on: diversity of opportunity for students, high expectations, quality assured teaching methods, wellbeing and creating multiple post-school pathways for students.

The foundations of school excellence are well and truly in place at NSHS. Mr Ropa has built strong leadership capacity, recruited an innovative and committed teaching staff and embedded impressive intra and inter school collaboration. Whenever I visit NSHS there's a vibe that it's both a great place to work and to learn. Mr Ropa has built this culture on a school site that has doubled in staff and student population during his tenure.

Mr Ropa has built strong leadership capacity, recruited an innovative and committed teaching staff and embedded impressive intra and inter school collaboration.

Congratulations to Mr Ropa, the Northern Beaches Secondary College (NBSC) will be the beneficiary of an astute and dedicated educational leader come Term 4. His promotion will provide a new and exciting challenge, using the principal skills acquired at NSHS, Mr Ropa will now have the responsibility of leading, five local High Schools. I wish him the very best for this next chapter in his leadership journey and thank him for his dedication to NSHS and to public education!

Ms Tracy Postle will undertake the Acting Principal position. She will lead NSHS in Term 4 and until the Department of Education's recruitment process determines the new permanent principal for your school.

Thank you parents and caregivers, for your ongoing support throughout this term of remote learning, your ability to work from home while assisting student learning, is admirable.

The NSHS executive team, administration staff and the teachers have all worked extremely hard to ensure your students maintain learning momentum during 'learning from home'. We're all looking forward to a staggered return to school in Term 4 and also beginning to enjoy some of the freedoms that we're all dearly missing.

Kind regards

Andrew Stevenson
Director Educational Leadership – Pittwater Network

2016 THROUGH THE YEARS

FAST FACTS

Number of Students: 630

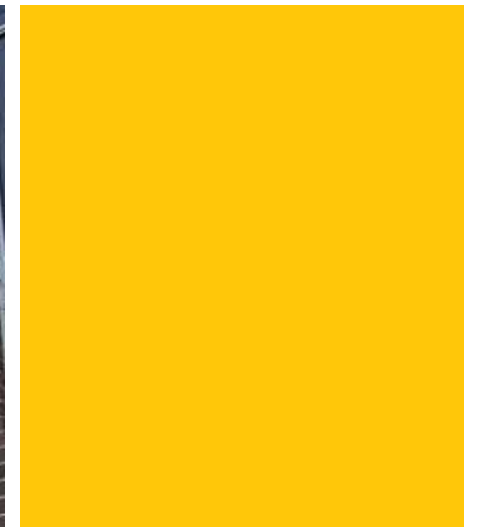
School Captains: Rebecca Whitehead and Sean Chivers

Staff Appointments: Marlene Bourne, Wendy Burn, Karen Dipper and Martina Wonderley

Big Events:

- Dane Ropa arrives in Term 2 as Relieving Principal. Following a merit selection process, on the last day of the year, he is appointed as permanent Principal of Narrabeen Sports High School.
- Large sign erected on building facing Pittwater Road. Cages around letters removed and "School" added.
- Dane Ropa and Ian Wood pitch high performance indoor sports centre incorporating hall, arts and sports facilities and additional classrooms to Cricket NSW and 15 other sports associations collecting \$2M in-kind support. Attracting the interest of DoE and the Minister, the site became earmarked for major infrastructure investment as a community hub for sports and culture.
- Fox Sport Documentary: Once Upon a Sports High School
- Allocation of school funds to create HT Wellbeing
- First MADD production
- External Validation
- Dr Peter Dunbar-Hall, previous Narrabeen Boys HS student and emeritus Associate Dean of Education at The University of Sydney, employed to mentor early-career teachers.

*HT = Head Teacher



2017

FAST FACTS

Number of Students: 808

School Captains: Lauren Bateman and Caedyn Hardy

Staff Appointments: Gail Bateman, Rheanna Blanshard, Nicole Chant, Jodi Chapman, Antoinette Langdon, Tracy Postle, Nicole Spoljaric, Ellen Stretton, Tracy Stubbs, Alexandra Stuckey and Hannah Willmott

Big Events:

- Pilot of Streamline Class initiative begins
- First Arts Camp
- First NarraFair
- First Arts Tour
- Relationships, Visible Learning and Functional Literacies confirmed as Strategic Directions 2018 - 2020
- Dane Ropa and Ian Wood invited to pitch major build concept to Education Minister (24.3.2017)
- Establish Education Pathways Class partnership with The Beach School
- Bump It Up piloted and continues until redevelopment as Raise the Roof 2020
- Apply school funds to create HT The Faculty of Arts
- Apply school funds to create HT PDHPE position (first one since 2003)
- More than 200 students involved in MADD



2018

FAST FACTS

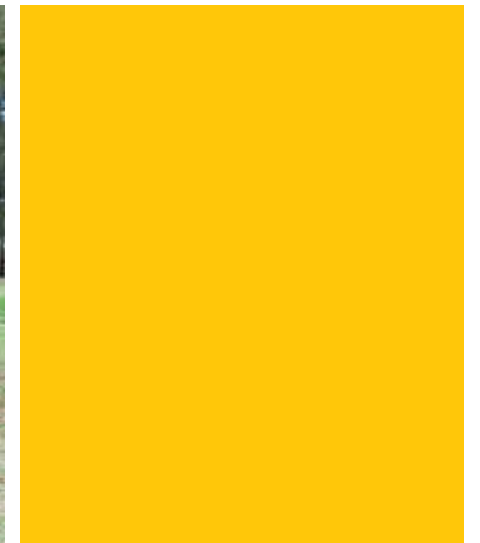
Number of Students: 929

School Captains: Hayley Creed and Luke Bosco

Staff Appointments: Leila Agha, Neale Ashby, Julie Baxter, Lucy Bell, Brenda Beneke, Michael Burke, Katrina Conaghan, Tamryn Curtis, Parvin Dhilon, Sasha Durant, Melanie Fayd'herbe de Maudave, Andres Garcia, Jacqueline Hampson, Onika Hampson, Lana Hardiman, Naomi Harper, Natalie Irvine, Nicholas Joyce, Rebecca Lynch, Cameron McDonald, David Menton, Jennika Miller, Mark Page, Lily Starr, Samantha Steele, Sarah Stiles, Nicky Tamlyn, Melissa Trbojevic, Heather Williamson, Lauren Wilson and Glenn Woodhead

Big Events:

- First Nations People Education Team established
- Commboxes installed in every teaching space changing the face of teaching and learning at our school forever!
- Office Refurbishment begins creating easy access and new entrance for the school
- P&C complete air-conditioning strategy of 24 classrooms
- Introduce Baseball to Academy Sport - 3rd State Champion in first year!
- Introduce Cheer to Academy Sport
- Library, classrooms and staffrooms fitted out with huge load of recycled furniture from Westpac's relocated offices
- New PDHPE classroom created from a changeroom and cupboard
- First Year 7 over 200 enrolments
- Visit by 30 Korean Principals
- Create permanent Deputy Principal, HT Administration and HT PDHPE
- Create HT The Faculty of Arts
- Peak Australian professional association for Education, AITSL make short film about Visible Learning at our school identifying our teacher professional learning program as one of the best in Australia.
- Girls Touch Football team were State Champions



2019

FAST FACTS

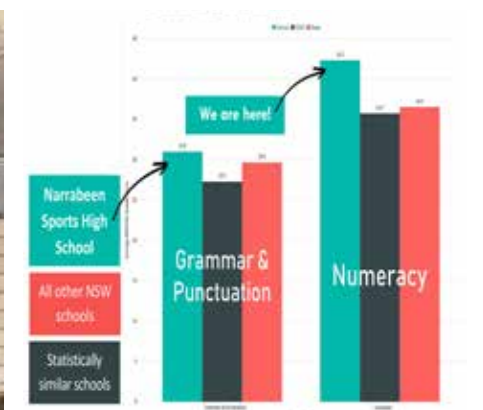
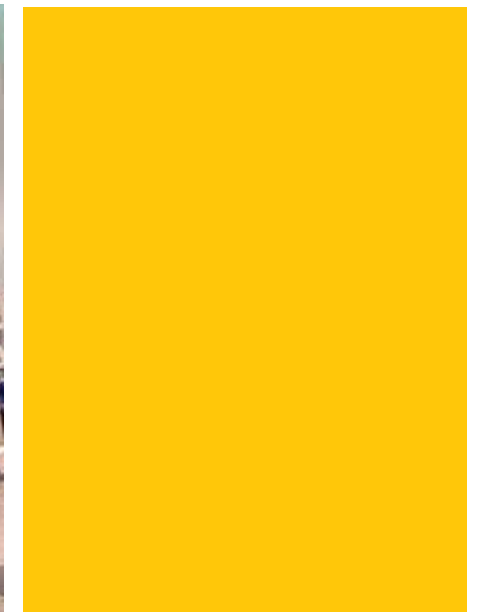
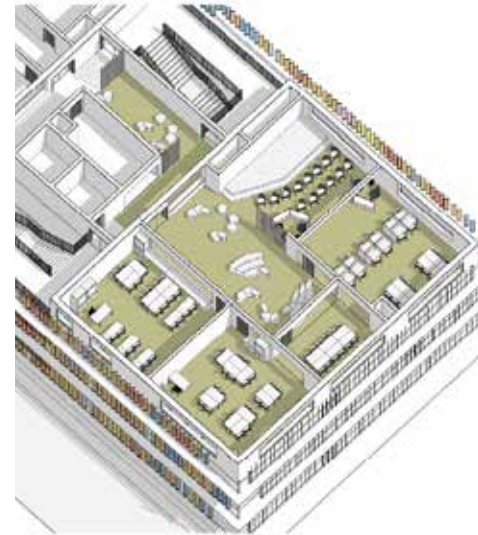
Number of Students: 990

School Captains: Piper Martin and Jordan Katz

Staff Appointments: Latoya Boylan, Nicholas Bernard, Laura Buxton, Rossella Cafaro, Kellie Campbell, Stephanie Carrington, Donna Clatworthy, Ben David, Renee Eyre, Chris Fish, Nicole Graham, Jasmine Hitchen, Sophia Karris, Christina Ling, Aaron Morris, Julie McLaughlin, Jordan Meredith, Matthew Mitchell, Lyndon Pullen, Shannon Purcell, Annaliese Shepherd, Emily Sheppard, Sarah Sobanski, Jennaya Wiggins, Nicholas Woodford and Alison Zappia

Big Events:

- Narrabeen Cafe Opens to provide VET Hospitality pathway for our students
- Visit by 32 Chinese Principals
- Design of major build begins
- Art Express work by Year 12 HSC student, Chloe Arathoon exhibited at NSW Art Gallery. Jamie Thomson, Under 18 Australian Surf Champion. Jaylin Rae, full baseball scholarship to US University
- Introduce Skateboarding to Academy Sport
- State Champions - Boys Baseball, Boys Futsal, Cheer (unisex) Boys Surfing and Boys Touch Football
- Above State Average - Numeracy, Grammar & Punctuation
- High Resolves embedded in Wellbeing Strategy
- Above National Average - Science VALID
- First official Year 10 Formal



2020

THE COVID YEARS

FAST FACTS

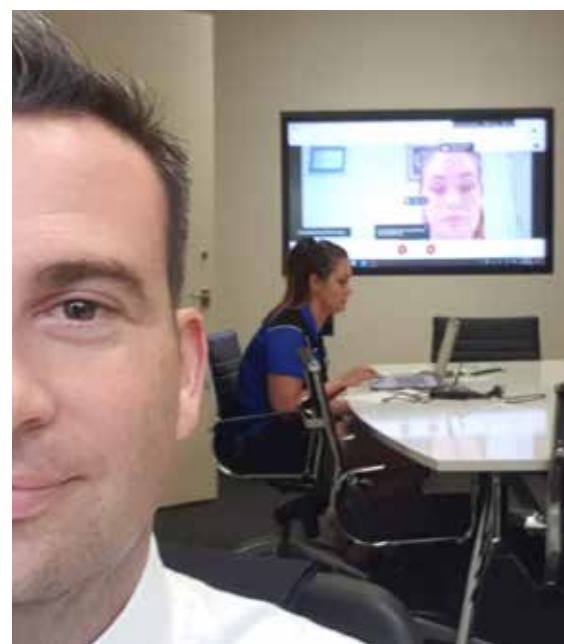
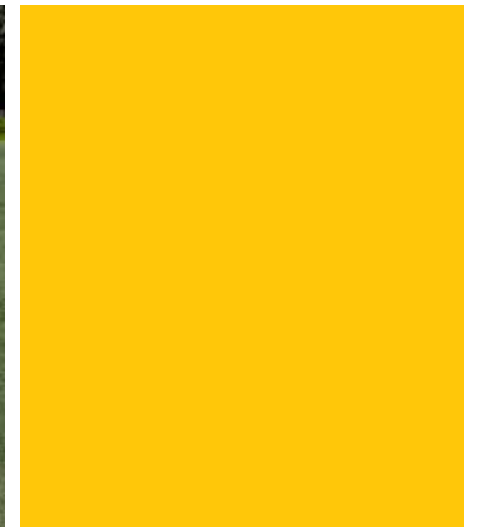
Number of Students: 1092

School Captains: Clancy Millis and Jasmine Nix

Staff Appointments: Catherine Arnott, Matthew Beale, Rochelle Bernard, Jane Canham, Neil Coggan, Mel Davis, Jordan Fowles, Anneliese Hoschke, Jacqueline Moran, John Kennedy, Maurice Kennedy, Stephanie Moala, Kathryn Kartikeyan, Romyne Kiprioti, Lisa Phillips, Luke Le Page, Melissa Rhodes, Samantha Rodgers, Alyse Schraer, Dianne Staines, Riley Thomas and Nicholas Zammit

Big Events:

- COVID-19 First lockdown - online learning begins
- The school livestreams many key events
- Senior Tutorial Centre launched employing high achieving past students as tutors for current senior students
- NSHS Lesson Template created
- Increased internet speed at our school
- Senior Tutorial Centre Renovations in Library
- Tracie Morris awarded Executive Director Award for Future Pathways Program
- Create DP Middle School partnership with Narrabeen North PS
- Best HSC results since 2014, Band 6s in Visual Arts, Business Studies, PDHPE, Spanish, and Extension English



2021

FAST FACTS

Number of Students: 1098

School Captains: Caitlin Wallace and Jackson Dowling

Staff Appointments: Kris Abbey, David Bell, Ashleigh Carter, Sehaj Chandi, Amy Chong, Craig Date, Joshua Date, Victor Evatt, Jessica Gavric, Edward Gordon, John Herdman, Matthew Hunt, Sarah Hunt, Maddison Jones, Victoria Mukherjee, Sarah Laman, David Newling, Joshua Newman, Julie Olzomer, Lloyd Perris, Samantha Rodgers, Scott Stretton and Lydia Xu

Big Events:

- Senior Learning Precinct of five demountables installed
- Tracy Postle relieves as Principal while Dane Ropa is Principal in Residence at Schools Infrastructure NSW
- The second COVID-19 lockdown sees all students and staff working and learning from home
- New school flagpoles installed
- Introduce Cricket to Academy Sport
- Trend of moving above State Average continues in Year 7 and Year 9
- Following a merit selection process, Dane Ropa is announced as College Principal of the Northern Beaches Secondary College



FROM THE STUDENTS



JYE WORMLEATON - YEAR 8

What have you missed most about School?

What I have missed most about school is getting to see all my friends and catching up with them every day.

Describe a challenge that you overcame and that are proud of...

I didn't have an answer for this question. I'm sorry as I haven't really found the lockdown to be too challenging.

Describe something that you are thankful for...

I am most thankful for all our teachers' effort and how they were still able to help us learn even though we weren't able to be at school. I know some would have also had children at home learning as well as other people also working from home.

What are you looking forward to the most in Term 4?

I am looking forward to term 4 so we can all go back to school and catch up with the people we haven't seen.

What is one positive thing you have experienced during lockdown.

I enjoyed lockdown because it means I have more flexibility with the timing of when I complete daily school work.

If you could improve one thing in the school, what would it be?

I would improve the school by making more undercover shaded areas outside on the grass.



EDWARD SETHAPHANICH - YEAR 9

It would be great to have more open discussions that encourage creativity & collaborations

What have you missed most about School?

Ever since going into lockdown, I have definitely missed the social interactions at school and the ability to help out with the community such as canteen duties and SRC.

Describe a challenge that you overcame and that are proud of

A challenge which I am proud of overcoming was adjusting to the changes in our curriculum and how the classes are being managed.

Describe something that you are thankful for...

At this very moment, I am extremely thankful for being in good health and still have the opportunity to continue learning and acquiring new skills.

What are you looking forward to the most in Term 4?

I am definitely looking forward to returning back to school and being able to interact with my peers.

What is one positive thing you have experienced during lockdown.

One of the positive things which I have experienced during lockdown is the ability to spend more time with my mum and re-evaluate my future goals and plans.

If you could improve one thing in the school, what would it be?

If I were to improve one thing at the school, it would be the way in which content is being delivered to both a classroom and in an online setting. On many occasions, it appears that the focus is more towards completing the required content rather than creating open discussions that encourage student creativity and collaboration. Personally, I believe that by having more classroom discussions and group activities, teachers are able to create a classroom environment that promotes interdisciplinary thinking while students gain a better understanding of the topic.



TENZIN CHOENY - YEAR 11

What have you missed most about School?

What I've missed most about school is getting to see my friends face-to-face.

Describe a challenge that you overcame and that are proud of...

A challenge I overcame during lockdown is finding the motivation to finish schoolwork.

Describe something that you are thankful for...

I am thankful for my friends that facetime me every day to help each other stay focused on tasks.

What are you looking forward to the most in Term 4?

Something I am looking forward to the most in Term 4 is finally becoming a year 12 student.

What is one positive thing you have experienced during lockdown.

One positive thing I have experienced during lockdown is getting a new job.

If you could improve one thing in the school, what would it be?

If I could improve on one thing in school, it would be to make more study notes for upcoming exams.

Home learning has improved my overall work ethics and organisation skill

TAYLAH GRAHAM - YEAR 11

What have you missed most about School? What I have missed most about school is face to face learning and interacting with friends.

Describe a challenge that you overcame and that you're proud of. Home-learning was a challenge that I'm super proud of combating, as I believe it has improved my overall work ethics and organisation skills, thus making me super proud of overcoming this challenge.

Describe something that you are thankful for..

I'm sincerely thankful for my family being present during this lockdown, and that they have remained healthy.

What are you looking forward to the most in Term 4?

What I'm looking forward to most about term 4 is getting back to a somewhat more normalised routine.

What is one positive thing you have experienced during the lockdown. Being able to save money has been a huge positive that I have experienced during this lockdown.

If you could improve one thing in the school, what would it be? If I could improve one thing within the school it would be to increase the amount of senior-specific areas.



FROM THE STUDENTS

AJ GILLESPIE - YEAR 7

I'm even more grateful for my friends

What have you missed most about School?

What I miss most about school is seeing my friends and having a social life.

Describe a challenge that you overcame and that are proud of.

I made it to state in 5 events which is a huge achievement since I only made it to zone last year.

Describe something that you are thankful for...

I am thankful for my parents for being there for me and I'm also thankful for my physio for helping me keep up my fitness while we are all stuck at home.

What are you looking forward to the most in Term 4?

In term 4 I'm looking forward to seeing all my friends again, getting back into the pool and getting back to the studio for dance.

What is one positive thing you have experienced during lockdown.

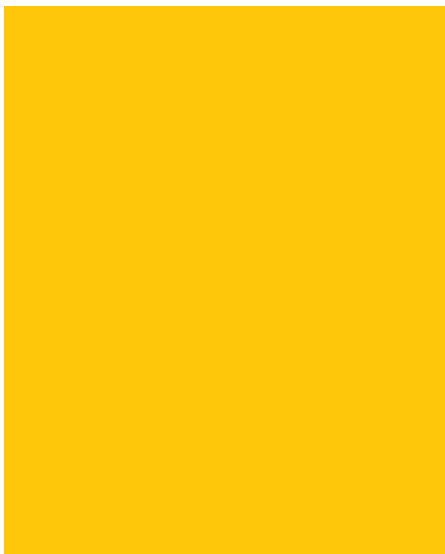
I have experienced social isolation throughout lockdown which makes me even more grateful for my friends.

If you could improve one thing in the school, what would it be?

I would improve the bathrooms because they are unhygienic and unsanitary.



FROM THE STUDENTS



DAISY BATTY - YEAR 12

I realised that I had to do my best and not put too much pressure on myself.

What have you missed most about School?

I have missed the social side of school and the interaction within classes. It's been quite difficult not having that bit of social interaction with teachers and students.

Describe a challenge that you overcame and that are proud of.

In the first couple of weeks I was finding it hard to get motivated but I just realised that I had to do my best and not put too much pressure on myself. This allowed me to become more efficient at doing my work.

Describe something that you are thankful for.

I'm thankful for music. The amount of times that I have gotten stressed over school and have just had a break to go do piano or do some guitar stuff just to take my mind off it has been a saviour. Also just listening to music while doing the work makes it seem less stressful and more enjoyable.

What are you looking forward to the most in Term 4?

I'm looking forward to hopefully going back to school and starting year 12. It will be difficult while it starts online but I am looking forward to the challenge.

What is one positive thing you have experienced during lockdown.

One positive thing that I have experienced through lockdown is having my brother there to help me with school work and just have someone else to talk to. We even played piano together but I don't think he enjoyed that as much as me!

If you could improve one thing in the school, what would it be?

I would improve the online activity of everyone. I believe that it's important that we all see each other while it is not being dictated around work. If there was a way for everyone to just get together and talk like you would at recess or lunch that could be very cool.



STAFF SPOT LIGHT

RILEY THOMAS

How long have you been at Narrabeen Sports High School?

I attended Narrabeen Sports High School as a student from Year 7 - 12. I was lucky enough to complete my final teaching placement here and now I am currently in my second year of teaching at the school.

What is your role at the school? And what do you enjoy about it?

PDHPE teacher and the assistant Year Advisor for year 7. I enjoy getting to know my students and watching them thrive inside and outside of the classroom.

What is it like returning to school as a teacher, having been a past student?

It has been great. I feel comfortable coming back to the Narrabeen Sports High School and am so grateful to be able to give back to such a great school.

What is your number one tip for students leaving NSHS?

Be proud of everything you have achieved and know that you can accomplish anything if you put your mind to it.

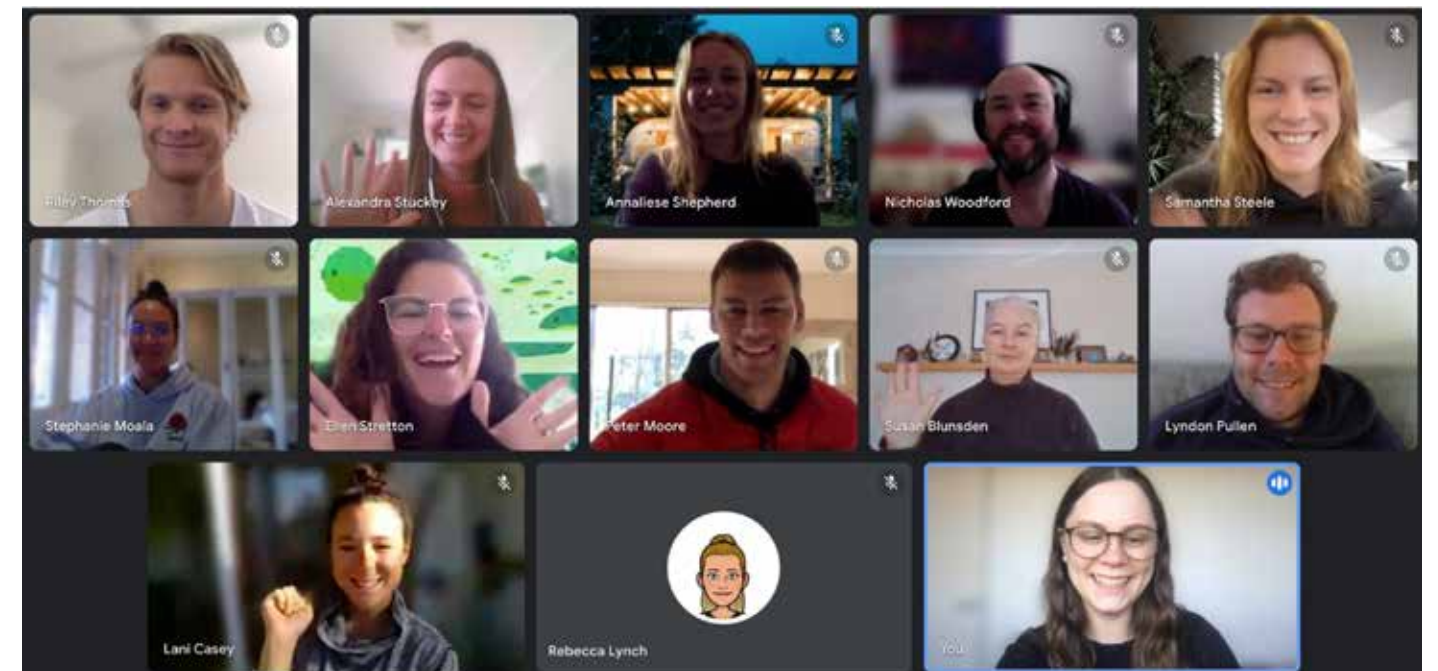
Last words...

Always strive for your personal best in everything you do, that way you won't have any regrets.

Always strive to do your best that way you won't have any regrets!

LOCKDOWN LEARNINGS

Each week our High Potential and Gifted Education committee created five new challenges that students can opt to complete across the four HPGE domains: Creative, Intellectual, Social-emotional and Physical. A HUGE thank you to all the staff who created enrichment opportunities, fun challenges and wellbeing support to help keep our students engaged.





JAMES WIGGINS

Maybe we've also had to discover in more detail what themes within their subjects they like and hate, and are good at and struggle with.

FROM THE P&C

LEARNING AT HOME SILVER LININGS

Now that the ending of lockdowns and the return of our kids to school-based learning is in sight, it might be the right time to think about the benefits to parents and students in all of this – not just the stresses of the past few months. I hear your skepticism, but is it worth taking just a couple of minutes to discover the benefits that parents around the world are now discovering?

During lockdown, a lot of parents have become increasingly concerned about the declining level of motivation their kids have in completing schoolwork and the long-term impacts on their learning. This is a real issue. But there are real solutions to it, too. It's in these solutions that the long-term benefits might be hidden.

As parents, we have had to take more notice of what our kids are doing, and what they need to complete and by when. Maybe we've also had to discover in more detail what themes within their subjects they like and hate, and are good at and struggle with. In my own case, I discovered my daughter is a natural with exponents in math but struggles with solid geometry calculations; understands why it's useful to study Shakespeare but not why it's useful to learn about Gallipoli. These have all led to conversations with her that I never would have had if she was in the classroom; opportunities to share my thoughts – and influence her – about these topics.

We parents are not replacing teachers, but we are there in the room during lockdown, when our kids are deciding whether one learning activity is worth it while another isn't. Our teachers have been amazing in redesigning learning activities to make them more engaging while online. But the sheer enthusiasm for a topic that teachers show in a classroom - which has a huge impact on

our kids' own enthusiasm for that topic - is really difficult to achieve online. Providing learning instructions in ALL CAPS is not going to show this enthusiasm. Recent studies have shown students interact far, far less online than they do face-to-face. And, whether we like it or not, our kids are more likely to ask a teacher questions in class than they are to ask online or in an email.

What parents around the lockdown world are discovering is how much they can influence the enthusiasm their kids have for what they're learning.

This has always been the case, but we've probably not realised it before. The meaning in the old saying "it takes a village to raise a child" has probably been forgotten over the past hundred years or so as we've all become busier in our lives. Everyone in our children's lives does play an important role in their growth and development - and learning.

What parents around the lockdown world are discovering is that while schoolteachers organise, deliver and kick-start an interest in learning, parents are particularly powerful in either boosting or destroying that interest. We parents are an important part of that learning village.

Anything we show an interest in, our kids might also become interested in (even if they won't consciously admit it to us!). Anything we dismiss as unimportant, our kids will likely dismiss as unimportant – even though our teachers struggle to make it interesting for them. This is the same for when our kids are learning from home as it'll be when they go back to learning in the classroom.

Social researchers proved this over 50 years ago and, when you think about it, it makes sense. So, as we head out of lockdown in Term 4, we have an opportunity to continue having this bigger influence on how - and whether - our kids become interested in any topic and learn.

Our NSHS teachers do an amazing job – whether in or out of lockdown – in organising how things are learned by our kids to make them interesting and relevant. We have an opportunity to work more closely with our teachers to understand more about how they organise, deliver and make interesting what our kids learn at school - so we can better support, and play an important part in, this learning. Maybe this lockdown can have a silver lining in reminding us, as parents, how we have a lot more influence on this learning process - and the future opportunities for our kids - than we realise. What questions can we parents, ask our teachers? What new conversations can we have with our kids? On a final note, on behalf of parents and the P&C, I want to thank Dane Ropa for the leadership and guidance he has shown as Principal, to our school and our teachers, in developing the tools, experiences and environment to make learning for our kids more interesting, more relevant and safer. We'll miss him, but wish him well in his challenging new role as College Principal of the Northern Beaches Secondary College.

James Wiggins
President NSHS P&C Association

UPDATES FOR TERM 4

NEW PRINCIPAL

No stranger to the school or the Principal's chair, **Tracy Postle** will be Acting Principal for Term 4. Term 4 is always a busy term for our school and Ms Postle is excited to be at the helm, especially when our students are allowed back on campus. Ms Postle and all of our excellent staff are really looking forward to returning to face-to-face teaching and enjoy seeing our students back at school.

While we farewell Dane Ropa after being our Principal for 6 years, we know it is not goodbye. From the entire Narrabeen Sports High School community, we thank you for all you have done to improve our school and we wish you all the very best in your role as College Principal of the Northern Beaches Secondary College.

SUMMER UNIFORM

Having spent the last term mostly wearing mufti, we hope our students will be eager to return to school in their school uniform. There will be further information on uniform for the final five weeks of term closer to the return to school. You can order school and sports uniform via our online store. <http://bit.ly/3k2Z234>

DATE	EVENT
05 Oct	First Day Term 4
18 Oct	Year 12 Final Week Traditions (online)
25 Oct	Year 12 may have some learning onsite
01 Nov	Year 11 may have some learning onsite
08 Nov	Year 7, 8, 9 & 10 may have some learning onsite
09 Nov	Year 12 HSC Examinations
23 Nov	Year 7 2022 Orientation Day - TBC
28 Nov	Car Boot Sale - TBC
03 Dec	HSC Examinations finish
09 Dec	Year 12 Graduation Assembly
10 Dec	Year 12 Formal
14 Dec	Presentation Day Assembly - TBC
16 Dec	Last Day Term 4

DATES FOR THE DIARY

NEW CANTEEN PARTNER

While we had a new canteen supplier for Term 3, unfortunately, we did not have the opportunity to test the menu. Below is the Canteen Menu for Term 4.

Canteen

BREAKFAST MENU

Freshly baked assorted muffins	\$2.50
Oven-baked hash browns	\$1.50
Ham & 2 eggs roll	\$6.00
Assortment of cereals	\$3.50

You are welcome to contact me at: belindaskitchen@gmail.com with dietary requirements eg gluten free. Pre – Order to avoid disappointment and waiting time.

ALL DAY MENU

Freshly baked assorted muffins	\$2.50
Assortment of fresh wraps	\$5.00
Chicken Schnitzel, crispy lettuce & whole egg mayo	
Ham, cheese, tomato, crispy lettuce & mayo	
Egg, crispy lettuce & mayo	
Assortment of sal wraps	
Canteen made sausage rolls	\$4.00
Spinach & ricotta quiche	\$4.00
Vegetarian quiche	\$4.00
Ham & Cheese quiche	\$4.00
Burgers	
All made with lettuce, melted cheese and sauce	
Chili chicken	
Chicken fillet	
Beef	
Vege	
Assortment of bread rolls	TBA

SALADS

Caesar salad	\$6.50
Crispy cos lettuce, chicken, crispy bacon, parmesan, egg, croutons & whole egg mayo	
Greek Salad	\$6.50
Cherry tomatoes, cucumber, red casicum, Spanish onions, Danish fetta & served with canteen made vinegarett	

SPECIALS OF THE DAY \$6.00

MONDAY - Penne Neapolitan (a tasty tomato based pasta with garlic, onion, mixed herbs, crushed tomatoes & tasty cheese)
 TUESDAY - Honey soy drummy's served with jasmin rice
 WEDNESDAY - Lasagne (Beef, crushed tomato's layered with lasagne sheets and topped with parmesan & tasty cheese)
 THURSDAY - Butter chicken and basmati rice (a blend spices with a butter chicken paste blended in a light cream)
 FRIDAY - Beef ravioli served with bolognese sauce & a sprinkling of cheese, or sushi

Volunteers are an essential part of our school canteen. With your help we can continue to keep fresh & healthy food at affordable prices. You are always welcome even if you only have a few hours to spare. Your time is rewarded with lunch, appreciation & a chance to get to know your child's friends and other parents.

DRINKS AVAILABLE ALL DAY

300ml Milkshakes	\$3.00
Chocolate strawberry vanilla malt	
Water pump 750ml	\$4.00
Water 300ml	\$2.00
Juices orange apple	\$3.00
No sugar mineral water	\$2.80
Raspberry, apple & black currant	



GOOD TIMES & GOODBYE



DANE

GOOD BYE

GOOD LUCK

SO LONG, ADIOS

CIAO, FAREWELL

AUF WIEDERSEHEN

ADIEU, CZESC, NAMASTE

BUT HOWEVER WE SAY IT

SORRY

TO SEE YOU GO!

FROM THE ENTIRE NSHS COMMUNITY

