

# TERM 4

## AROUND THE GROUNDS





# ACTING PRINCIPAL

## TRACY POSTLE

I am fairly confident I can speak on behalf of all our students and staff to say this year was definitely one of the toughest in terms of teaching and learning. If you consider last year as well, our students have missed countless extra-curricular and sporting events as well as on site learning.

That said, I am so proud of how our entire school community adapted and remained positive, especially our Year 12 cohort who graduated stronger and more resilient as a result. Despite having less time on campus compared to other year groups, they are definitely one of the tightest knit groups I have seen during my time at Narrabeen Sports High School.

*I'm told by a wide variety of people, how outstanding our school is!*

I mentioned in my speech on their graduation day, that they had shown Grit - the ability to stick with it day in day out, not just for a few weeks but months and they worked really hard to make their future a reality. Grit is living life like its a marathon, not a sprint!

As a credit to their goal setting and planning for their future, many of these students have already have early acceptance into various university courses. Under the guidance of Ms Tracie Morris, who urged them to apply before the HSC examinations, it meant they could put their energy into their exams and not stress about ATAR scores. Congratulations to these students who are now at the start of their university pathways.

This year group has been led by some exceptional student leaders - Caitlin and Jackson to name just two. As school captains they both showed remarkable leadership qualities in rallying their year groups and developing positive partnerships. The entire student leadership team were positive and committed throughout the year. They have set the benchmark very high for the 2022 leadership team led by Daisy Batty and Saxby Bolton Johnson.

I must also congratulate our academic leaders who positioned themselves at top of Year 12. A remarkable achievement with some close competition.

1st Emily Wicks  
2nd Kyan Winn  
3rd Mazi Kleanthous

I also had the pleasure of attending the Year 12 formal on Friday the 10th of December. Not only did everyone look glamorous, they enjoyed themselves as a group and behaved with decorum and showed respect toward each other and all those at the event. I was extremely proud at the end of the evening when one of the managers at the Miramare Conference Centre commented on what a great group they were and how proud we should be of their wonderful manners and behavior.

I would also like to congratulate the other award winners honoured at our various graduation and presentation events who excelled in 2021. That they

achieved so well in the sporting arena or academically, or in the community is testament to their resilience. These achievements set them up well for their future school pathways.

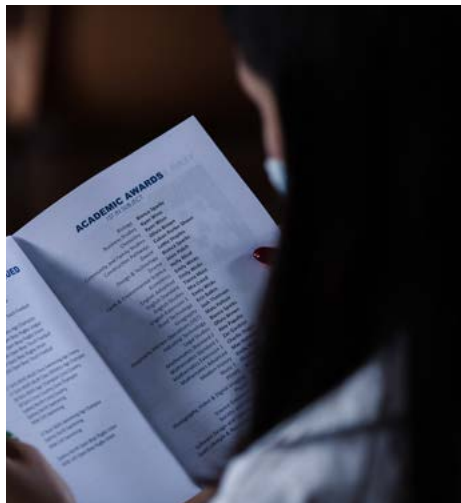
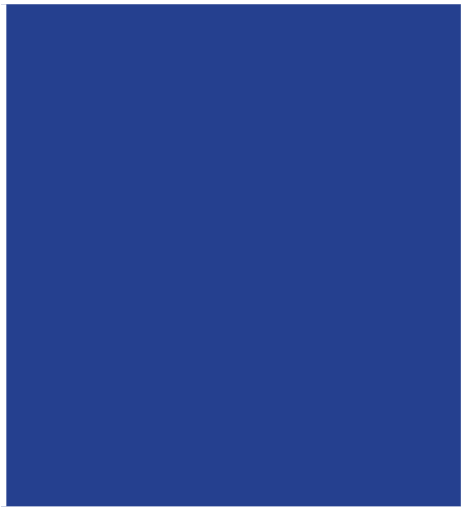
During the week we also congratulated and awarded our students who had excellent attendance records. The Department of Education has a benchmark of above 90% attendance for all students. This is also the benchmark that we will continue to endorse in 2022. Students will be recognised for excellent attendance and those under the 90% benchmark without special circumstances will not be able to attend extra-curricular activities. At Narrabeen Sports High School we have been focusing on the importance of attendance and the direct correlation between academic achievement and attending school.

I don't want to dwell on what a 'unprecedented' year this has been, it has passed and we can now look forward, instead I'd like to highlight some of the big wins we have had as a school in 2021. These include:

- Signing an agreement with Australian College of Physical Education (ACPE) which will support the overall development of our students and provide a clear pathway to Higher Education. Students will have the opportunity to apply for a full Scholarship to study at ACPE and pursue a career in Sport, Dance, Health, Business or Physical Education.
- Partnership with Sydney Scorpions Touch Football providing access to elite coaching and regional representative pathway opportunities
- Collaboration with Manly United Football Club which will enable our Academy Students coaching and a pathway to representative opportunities
- Our new canteen provider has commenced and proven to be both an economical and tasty success
- The success of the NARRA Challenge our Student Leadership Team initiated during lockdown. This gained acknowledgement from the NSW Department of Education, prompting other schools to do their own version (which wasn't as successful as ours!!!)
- The excellent Creative Arts events in Term 2 showcasing the talents of a variety of students both at Narrabeen Sports High School and the local primary schools
- Of the sporting events that were held, as a school we did exceptionally well across a variety of sports from Dance to Baseball and everything in between. We were the overall Champion School (of over 50 schools) at both the Zone Swimming and Zone Athletics carnivals. I know if the representative sport season was able to progress further that our school would have been at the forefront.

There are many other areas of the school that are mentioned in this or previous versions of Around the Grounds. Most of these achievements are reliant on staff and their willingness to go above and beyond in support of our young people. I am so grateful to the staff of Narrabeen Sports High School. I know that despite the year that has been, we have achieved and progressed as a group in many, many areas.





I have enjoyed my time as Acting Principal. While the challenges were real and some of the 'frustrated' emails from parents can be taken personally and derail the focus (which is always our students), I have been overwhelmed by the support from our community. Thank you!

In 2022 I will continue my role as Deputy Principal supporting our new Principal, Ms Heidi Currie. With a long and impressive background as PDHPE teacher and as a school executive, Ms Currie the current Deputy Principal of Marsden High School in Meadowbank, will continue building a culture that is challenging, relevant and engaging at our school in 2022.

Finally, on behalf of our Narrabeen Sports High School Staff, I would like to wish you a wonderful holiday. I hope you have plans to get out and enjoy yourself and that the holiday season is not interrupted by the dreaded virus.

Best wishes for a happy and healthy New Year and beyond.

Tracy Postle  
Acting Principal

*Know that despite the year that has been, we have achieved and progressed as a group in many, many areas.*

## AROUND THE GROUNDS

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# YEAR 12

## AWARDS

### ACADEMIC, SPORTING & COMMUNITY

#### SPECIAL AWARDS

Ampol All Rounder Award: **Nathan Francis**  
 Australian Defence Force Long Tan: **Jackson Dowling**  
 Australian Defence Force Future Innovators Award: **Bianca Sparks**  
 Reuben F. Scarf Award: **Henry Riccioni-Brown**  
 Barry Pearson Award: **Emily Wicks**  
 Annabel Catt Memorial Award: **Mazi Kleanthous**  
 The Olympic Change Maker Award: **Henry Riccioni-Brown & Caitlin Wallace**  
 The Barry Miller Public Speaking & Debating Award: **Josie Petch**  
 Wj Thomson Award: **Jessica Pearson**  
 Nshs School & Community Service Award: **Jackson Dowling**  
 School Captain's Award: **Caitlin Wallace & Jackson Dowling**  
 Year Advisor Award: **Hailey Ferguson**

#### ACADEMIC PLACE GETTERS

1st in Year 12: **Emily Wicks**

- 1st Economics
- 1st English Advanced
- 1st English Extension 1
- 1st Modern History
- 2nd Mathematics Advanced
- Personal Best Recognition Award

2nd in Year 12: **Kyan Winn**

- 1st Business Studies
- 1st Chemistry
- 1st Science Extension
- 2nd PDHPE
- 3rd Mathematics Advanced

3rd in Year 12: **Mazi Kleanthous**

- 1st Society & Culture
- 1st Visual Arts
- 2nd Drama
- 2nd English Advanced
- Personal Best Recognition Award

#### SPORTS AWARDS RECIPIENTS

Maddie Binding, Levi Kamoe, Thierry Kinahoi, Cuban Porter Sheen  
 Henry Riccioni-Brown, Layla Ritchie, Jonathon Taufu, Summer Tru  
 Syron, Massimo Vezzola, Caitlin Wallace, Georgia Walker, Oskar Warner,  
 Samantha Whiting, Kyan Winn and Jordan Wolfgramm





# YEAR 10

## AWARDS

### ACADEMIC, SPORTING & COMMUNITY

#### SPECIAL AWARDS

Australian Defence Force Long Tan: **Lachlan Smith**

Australian Defence Force Future Innovators Award: **Olivia Wicks**

The Australian Academy of Science Award for Excellence: **May Sakiyama**

Joe Hassan Memorial Award: **Lachlan Smith**

#### ACADEMIC PLACE GETTERS

1st in Year 10: **May Sakiyama**

- 1st Mathematics 5.3
- 1st Science
- Equal 1st History
- 1st Commerce
- 2nd English

2nd in Year 10: **Olivia Wicks**

- 1st English
- 1st STEM
- 2nd Mathematics 5.3
- 2nd Science
- Equal 2nd Geography
- Equal 3rd Visual Arts

3rd in Year 10: **Ryan O'Shea**

- 1st Mathematics 5.2
- 1st Industrial Technology - Timber
- 1st Physical Activity & Sports Studies

#### SPORTS AWARDS RECIPIENTS

Tylan Black-Berryman, Vali Bradley, Dane Burns, Lucas Cervantes, Lachlan Davis, Kona Derrick, Sania Jenkins, Lachlan Middleton, Zac Morris, Evan Neal, Tay Nickson, Chelsea Smyth and Indi Watson

**“BEFORE ANYTHING GREAT IS REALLY ACHIEVED, YOUR COMFORT ZONE MUST BE DISTURBED.”**

Ray Lewis





# 7, 8, 9 & 11 AWARDS

## ACADEMIC & COMMUNITY

### SPECIAL AWARDS

The David Ayres Scholarship Award: **Taylah Graham (Year 11)**

John Eggleton Encouragement Award: **Riley Hottes (Year 11)**

### ACADEMIC PLACE GETTERS YEAR 7

1st in Year 7: **AJ Gillespie**

- 1st Mathematics
- 1st Science
- 1st PDHPE
- 1st Music
- 1st Mandatory Technology
- 2nd Equal History
- 3rd Equal Geography
- Diligence in English & Spanish

2nd in Year 7: **Elise Thackery**

- 1st English
- 1st Visual Arts
- 3rd Music
- Most Improved in Mandatory Technology

Equal 3rd in Year 7:

**Sienna Jones**

- 1st Geography
- 2nd English

**Chelsea Li**

- 1st History
- 2nd Spanish

### ACADEMIC PLACE GETTERS YEAR 8

1st in Year 8: **Jye Wormleaton**

- 1st Science
- 1st Geography
- 1st Mandatory Technology

2nd in Year 8: **Lana Cork**

- 1st English
- 1st Music
- 1st Equal Visual Arts

3rd in Year 8:

**Calvin Giffin**

- 1st Mathematics
- 3rd English

AJ Gillespie - Year 7



Jye Wormleaton - Year 8



Edward Sethaphanich - Year 9

## ACADEMIC & COMMUNITY

### ACADEMIC PLACE GETTERS YEAR 9

1st in Year 9: **Edward Sethaphanich**

- 1st Equal Mathematics 5.3
- 1st Science
- 1st Equal Information & Software Technology
- 2nd Equal Geography
- 2nd Commerce
- 3rd Equal History

2nd in Year 9: **Mirka Yech**

- 1st Equal Mathematics 5.3
- 1st Commerce
- 2nd Science

3rd in Year 9: **Darcy Wiggins**

- 1st Music
- 1st Equal English
- Diligence in Science

### ACADEMIC PLACE GETTERS YEAR 11

1st in Year 11: **Daisy Batty**

- 1st Biology
- 1st Chemistry
- 1st English Advanced
- 1st Music 1
- 3rd Mathematics Advanced
- 3rd Mathematics Extension 1

Equal 2nd in Year 11:

**Oliver Tibbett**

- 1st Engineering Studies
- 1st Physics
- 2nd Chemistry
- 3rd Economics

**Laura MacDonald**

- 1st PDHPE
- 1st Business Studies
- 2nd English Standard
- 3rd Chemistry

**3rd Equal Mathematics**

Equal 3rd in Year 11:

**Shaan Gill**

- 1st Equal Mathematics Advanced
- 2nd Economics
- 2nd Mathematics Extension 1
- 3rd Engineering Studies

**Kevin Zheng**

- 1st Equal Mathematics Advanced
- 1st Mathematics Extension 1
- 2nd Engineering Studies
- 3rd Physics



Daisy Batty - Year 11





# 7, 8, 9 & 11 AWARDS

## SPORTING AWARDS

### SWIMMING

**The 2021 School, Zone, Sydney North and NSW Champions for swimming are:**

Eden Dwyer, Mitchell Cater, Tahlia Blyth, AJ Gillespie, Violet Walton, Bella Winn, Brody Cosh, Aden Gledhill, Riley Love, Jack Stockley, Olivia Clues, William Jeffery, Ireland Kennedy, Dominique Melbourn, Gabrielle Bradley, Beau Maulguet Jasmine Bauchop, Madison Cosh, Lee Melbourn and Bailey Clues

### ATHLETICS

**The 2021 School, Zone, Sydney North and NSW Champions for athletics are:**

Talia Black-Berryman, Brody Cronan, Laura Bell, Jude McPhee, Carissa Smyth, Tamoko Berryman Duff, Corey Simpson, Marissa Stubbs and Lyla Colombo

### CROSS COUNTRY

**The 2021 School, Zone and Sydney North Champions for Cross Country are:**

Talia Black-Berryman, Mitchell Cater, Baelei Rogers, Isabel Higgs, Griffin Warnock, Olivia Clues, Joe Lacey, Marissa Stubbs, Jamie-Lea Nix and Jay Coates-Westerink

### REPRESENTATIVE SPORT

**Students who have represented Narrabeen Sports High School in 2021 through a school sports pathway:**

**Tian Rae**

Sydney North Baseball Representative

**Tahlia Blyth**

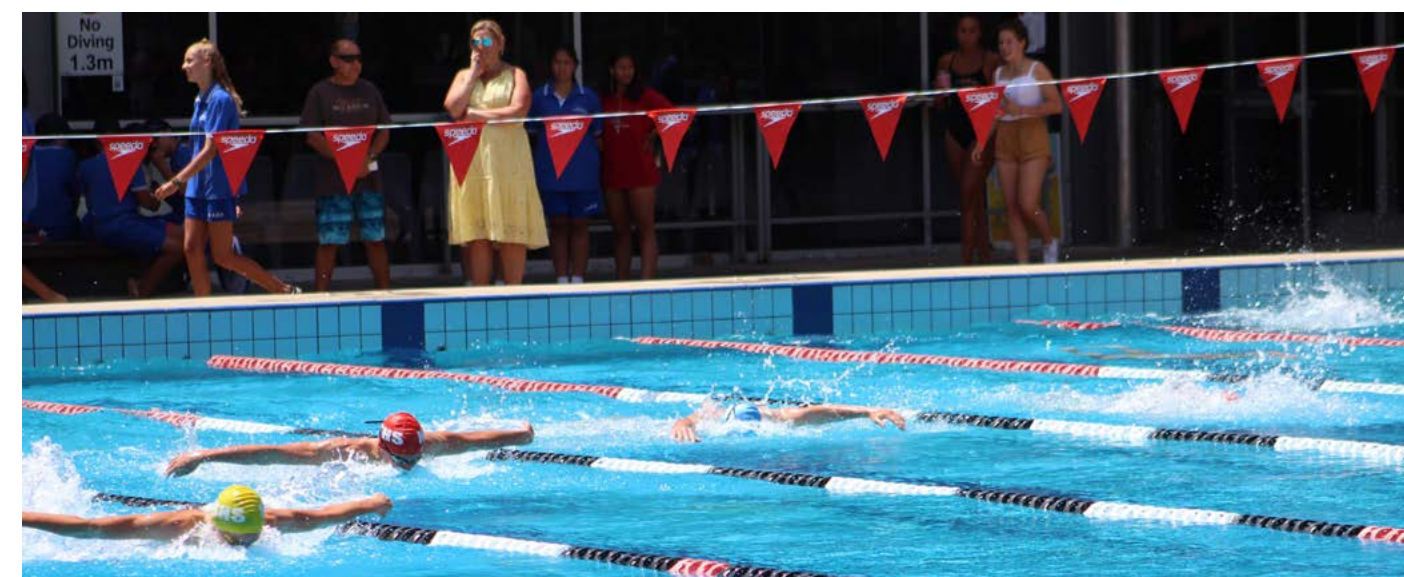
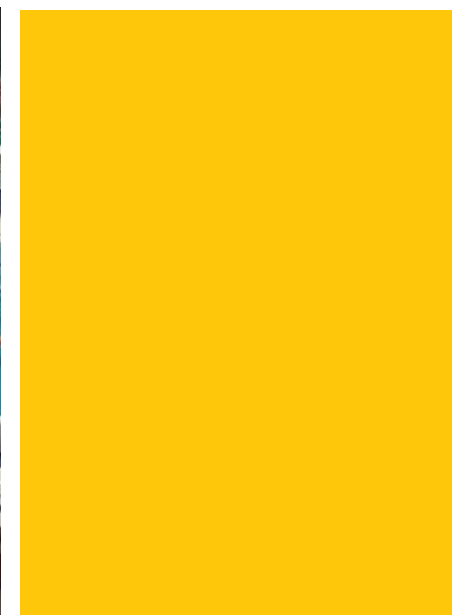
Sydney North Hockey Representative

**Tamoko Berryman-Duff**

Sydney North U15 Boys Rugby League Representative  
Sydney North U15 Boys Touch Football Representative  
NSW CHS U15 Boys Touch Football Representative

**Charlie Boyle**

Sydney North U15 Boys Rugby League Representative





# 7, 8, 9 & 11 AWARDS

## SPORTING AWARDS CONTINUED

**Tom Fa'aumu**  
Sydney North U15 Boys Rugby League Representative

**Amari-Jay Tangi**  
Sydney North U15 Boys Rugby League Representative

**Seven Hazar**  
Sydney North Open Boys Rugby Union Representative  
NSW CHS Open Boys Rugby Union Representative

**Rio Porter Sheen**  
Sydney North Open Boys Rugby Union Representative  
NSW CHS Open Boys Rugby Union Representative  
Sydney North Open Boys Touch Football Representative  
NSW CHS Open Boys Touch Football Representative

**Lili Boyle**  
Sydney North U16 Girls Rugby League  
Sydney North U18 Girls Rugby Union 7's Representative  
NSW CHS U18 Girls Rugby Union 7's Representative  
NSW All Schools U18 Girls Rugby Union 7's Representative

**Ally Bullman**  
Sydney North U18 Girls Rugby Union 7's Representative  
NSW CHS U18 Girls Rugby Union 7's Representative

**Matthew Holl**  
Sydney North Junior Boys Tennis Representative  
NSW CHS Junior Boys Tennis Representative

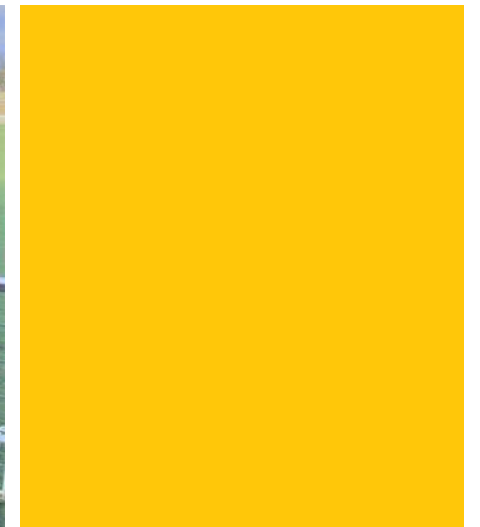
**Marissa Stubbs**  
Sydney North Open Girls Touch Football Representative

**Kelsey Berryman**  
Sydney North U15 Girls Touch Football Representative

**Bella Morris**  
Sydney North U15 Girls Touch Football Representative  
NSW CHS U15 Girls Touch Football Representative

**Carissa Smyth**  
Sydney North U15 Girls Touch Football Representative

**Ruby Trew (Competed at a National Level)**  
Australia in Skateboarding





## FROM OUR 2022 STUDENT LEADERSHIP TEAM



SAXBY BOLTON JOHNSON

**What are you looking forward to the most in 2022?**

I am looking forward to leading the school and contributing my part in making the school a better place.

**As a school leader, what do you hope to achieve?**

I hope to represent the importance of student and teacher relationships and create a larger level of unity within the school.

**What is something you wish you knew in Year 7 you'd like to share with the students starting Year 7 next year?**

It may be scary at first but it's easy to settle and you get used to it very quickly.

**If you could improve one thing in the school, what would it be?**

The quality of the bathrooms and creating a community space for seniors.

**Who inspires you and why?**

My mum inspires me as she always told me to try and reach my best and not to let other people stop me from achieving the best I possibly can.



SHAAN GILL

**“LET US PICK UP OUR BOOKS AND OUR PENS. THEY ARE OUR MOST POWERFUL WEAPONS. ONE CHILD, ONE TEACHER, ONE BOOK AND ONE PEN CAN CHANGE THE WORLD.”**

Malala Yousafzai



**What are you looking forward to the most in 2022?**  
I am most looking forward to helping the new year sevens settle in and continuing to further my learning and abilities.

**As a school leader, what do you hope to achieve?**  
I hope to further the interschool connections between students and their peers. I would hope to make the school a place where people know they can be themselves without judgment.

**What is something you wish you knew in Year 7 you'd like to share with the students starting Year 7 next year?**  
It's not as daunting as it seems and you settle in quite quickly. Embrace opportunities that can further your learning in areas that you enjoy. Stay on top of the work because once it gets away from you, it's hard to find the motivation to get back on track.

**If you could improve one thing in the school, what would it be?**  
The bathrooms :)

**Who inspires you and why?**  
My neighbour inspires me as she had to go through a hard time and managed to create light in a time of darkness. She took a bad situation and tried to make it bearable. She always stayed positive and embraced every hurdle as a challenge.

DAISY BATTY



TAYLAH GRAHAM

**What are you looking forward to the most in 2022?**  
I'm most looking forward to exploring my role as a leader and to continue furthering my education.

**As a school leader, what do you hope to achieve?**  
I would like to achieve the ability to motivate and inspire along with creating new opportunities that could benefit all students.

**What is something you wish you knew in Year 7 you'd like to share with the students starting Year 7 next year?**  
Something I wish I knew is that even though it might be scary, you should be courageous and brave enough to participate in activities.

**If you could improve one thing in school, what would it be?**  
If I could improve one thing at the school, it would be upgrading the senior designated areas.

**Who inspires you and why?**  
The person who inspires me is Sharon Egger. As a strong willed and passionate lady, she inspires me to have confidence and to fight for what I believe in.







TENZIN CHOENY

**What are you looking forward to the most in 2022?**

In 2022, I'm most excited to push myself harder and make more memories with my friends.

**As a school leader, what do you hope to achieve?**

As a school leader, I hope that I can make a change that will allow the years below me to have opportunities that my year group didn't have.

**What is something you wish you knew in Year 7 you'd like to share with the students starting Year 7 next year?**

Do not be afraid to ask your teachers anything.

**If you could improve one thing in the school, what would it be?**

If I could improve one thing, it would definitely be my time management.

**Who inspires you and why?**

My friends are my biggest inspiration. This is because their range of personalities gives me courage and confidence.

**If you could improve one thing in the school, what would it be?**

If I could improve on one thing in school, it would be to make more study notes for upcoming exams.

*Year 7 Students,  
know it is very ok  
to ask questions!*

OLIVER TIBBETT



**What are you looking forward to the most in 2022?**

I am most looking forward to spending time with my friends while we are all working hard towards our goals.

**As a school leader, what do you hope to achieve?**

As a school leader, I am hoping to be a great role model for the younger years and improve school morale.

**What is something you wish you knew in Year 7 you'd like to share with the students starting Year 7 next year?**

Know it is to ask questions.

**If you could improve one thing in the school, what would it be?**

The only thing I could imagine changing at Narrabeen is more groups coming into the school to talk about mental health such as tomorrow man/woman

**Who inspires you and why?**

The main two people who inspire me are my parents. They both provide me with support and assistance through school and general life, as well as being two people I aspire to be like.



RYAN IGGO

**What are you looking forward to the most in 2022?**

I am looking forward to finishing school and therefore entering a stress free time of life.

**As a school leader, what do you hope to achieve?**

I hope to achieve the confidence in public speaking and improve my ability to express myself

**What is something you wish you knew in Year 7 you'd like to share with the students starting Year 7 next year?**

I wish I knew that I would need to improve my own academic ability from year 7 to year 12.

**If you could improve one thing in school, what would it be?**

I would improve the access to the front oval.

**Who inspires you and why?**

My dad inspires me as he is a hard worker and managed to achieve his goals with success to this day.

**What are you looking forward to the most in 2022?**

Year 12 as a whole - the freedom, the more interesting classwork, the social aspects (i.e formals and excursions etc.).

**As a school leader, what do you hope to achieve?**

I hope to create a more balanced school, encouraging athletic, artistic and academic students to venture out and be exposed to greater opportunities in our school and in the general public.

**What is something you wish you knew in Year 7 you'd like to share with the students starting Year 7 next year?**

I would love the students to know that it is ok to ask for help! In my first few weeks of high school, I got lost on my way to classes and didn't ask the older students for help. As a now older student, I know that people will happily show you to your class and answer any questions you may have.

**If you could improve one thing in school, what would it be?**

I would love to see more academic and artistic opportunities for students. Our sporting programs are fantastic, and I believe that there are heaps of opportunities for our students who are interested in any and every avenue.

**Who inspires you and why?**

I am inspired by the leading women of our science history, such as Marie Curie, Katherine Johnson and Edith Clarke.

MONIQUE ALLAN







## FROM THE SSLT CONT.



TIAN RAE

**What are you looking forward to the most in 2022?**

I am most looking forward to the sport and opportunities the school offers.

**As a school leader, what do you hope to achieve?**

As a school leader, I hope to achieve all that I can in academics and sport.

**What is something you wish you knew in year 7 you'd like to share with the students starting Year 7 next year?**

Make sure to be the best person you can and don't be afraid to try new things and put yourself out there. I wish I did this in year 7 as then I would have known more people earlier in my schooling years.

**If you could improve one thing in the school, what would it be?**

If I could improve something at the school, I would try to improve facilities and be able to get new things for the school.

**Who inspires you and why?**

My brothers inspire me as they are my role models. I also look up to them and see them as the person to beat in all my sports and academics.



*...don't be afraid to  
try new things and  
put yourself  
out there*

## STAFF SPOT LIGHT

ALEX STUCKEY

**How long have you been at Narrabeen Sports High School?**

I have worked at Narrabeen Sports High School for six years. The Year 12 cohort that just graduated were in Year 7 when I started at Narrabeen. It has been lovely to see a group of students grow and witness their achievements.

**What is your role at the school? And what do you enjoy about it?**

My role is Head Teacher of Wellbeing. I work closely with our student officer, year advisors and school counsellors to ensure every student is valued, encouraged, supported and empowered to succeed. I lead the wellbeing team implementing a range of whole school wellbeing programs to support students. What I enjoy about my role is having positive connections with students and developing their tools to improve their wellbeing. I am also Assistant Head Teacher of English and Dance Academy supervisor.

**What has been a highlight during your time at NSHS?**

That is difficult to choose. I would have to say taking Dance Academy students to School Spectacular. It is such a creative and fun experience. Having danced myself I understand the joy it brings being on stage. Singalongs on the bus rides to and from the venue are great too :)

**What is your number one tip for students leaving NSHS?**

Always remember to be kind, kindness goes a long way. Don't be a stranger. We can't wait to hear about all of your achievements.

**Last words...**

Wishing students, parents and staff a wonderful holiday! Merry Christmas! I'm looking forward to seeing everyone back next year.



*Always remember  
to be kind, kindness  
goes a long way.*





JAMES WIGGINS

## FROM THE P&C

### LIFE IS FULL OF SURPRISES

Few would dispute 2021 has been another “interesting” year with yet more surprises. A big one this Term was the P&C successfully hosting a postponed Car Boot Sale this past weekend, despite COVID lockdowns, COVID safety-plan rules to adhere to, torrential rains to avoid and competing markets on the day!

For over 40 years, these Car Boot Sales have added hundreds of thousands of dollars to the School’s ability to provide the many valuable learning, social and welfare programs that our taxes do not. And while this Car Boot Sale was on the quiet side, it did successfully continue the tradition of raising much-needed money for the school.

But, another surprise for me was realising these Boot Sales are not just fundraisers but important community events for our school. Seeing student volunteers working alongside teachers at the BBQ: all collaborating to achieve a common goal and all really having fun doing it and building relationships outside of the classroom. Parent volunteers discussing the challenges and joys of teenagers at home and in-school, also building relationships around their common interests and priorities, while multitasking to check QR code registrations and vaccination certificates. And the stallholders and shoppers congregating to agree on the value of trashes and treasures, many with no direct connection to the school but still coming together to contribute to the learning opportunities of our kids.



*These Boot Sales are not just fundraisers but important community events for our school*

As we look forward to a 2022 it will have many of its own challenges with the final planning and design for the new school commencing, these community interactions will only become more important.

I’d like to thank the volunteer students, teachers and parents for their valuable time and efforts this month and also thank those who will volunteer in the future. I’d also like to particularly thank Kate Haoui who is stepping back from coordinating the Boot Sale BBQ and Sue Barsi, who is stepping back from coordinating the stall holders that anchor this event.

To ensure this valuable fundraising community event can continue, we are on the lookout for a new Boot Sale Coordinator to take over the reigns from Sue in 2022. While there is a huge social reward in working with our loyal cohort of stallholders, we do also provide remuneration for this role in recognition of the work that is done.

If you are interested, please just let me know at [pandc@narrabeenhs.com](mailto:pandc@narrabeenhs.com)

On behalf of the P&C I’d like to wish you all a refreshing festive season and we look forward to working with and for you all again in 2022.

James Wiggins  
President, NSHS P&C Association



# GEARING UP FOR TERM 1, 2022

## NEW PRINCIPAL

As Tracy Postle mentioned in her note, **Heidi Currie** will be our new Principal from Term 1, 2022. Ms Currie will honour the existing exemplary practice at Narrabeen Sports High School and bring high expectations to creating a learning environment that personalises every student's pathway, and is highly aspirational and respectful. We all look forward to working alongside, Ms Currie as she continues to lead NSHS on its exciting, educational journey that will incorporate a major building upgrade over the next few years. Thank you to Ms Tracy Postle who stepped in as Principal for a large part of 2021.

## SUMMER UNIFORM

We urge our students to return to school in their Summer uniform. You can order summer school and sports uniform via our online store.

<http://bit.ly/3k2Z234>

DATE	EVENT
01 Feb	First Day of school for Year 7, 11 & 12
02 Feb	First Day of school for Year 8, 9 & 10
07 Feb	Year 11 Camp
15 Feb	Year 12 Parent Teacher interviews
18 Feb	Swimming Carnival
01 Mar	NSHS Open Night
02 Mar	School Cross-Country
08 Mar	Zone Swimming Carnival
11 Mar	School Photos
17 Mar	Sydney North Swimming Carnival
23 Mar	Year 7 Camp
28 Mar	Year 7 Vaccinations
30 Mar	CHS Swimming Carnival
08 Apr	Last day of Term

## CANTEEN MENU 2022

Below is the Canteen Menu for Term 1, 2022.

# Canteen Menu

### BREAKFAST MENU

Freshly baked assorted muffins	\$2.50
Oven-baked hash browns	\$1.50
Ham & 2 eggs roll	\$6.00
Assortment of cereals	\$3.50

### ALL DAY MENU

Freshly baked assorted muffins	\$2.50
Assortment of fresh wraps	\$5.00
Chicken Schnitzel, crispy lettuce & whole egg mayo	
Ham, cheese, tomato, crispy lettuce & mayo	
Egg, crispy lettuce & mayo	
Assortment of salad wraps	
Canteen made sausage rolls	\$4.00
Spinach & ricotta quiche	\$4.00
Vegetarian quiche	\$4.00
Ham & Cheese quiche	\$4.00
Burgers	
All made with lettuce, melted cheese and sauce	
Chilli chicken	
Chicken fillet	
Beef	
Vege	
Assortment of bread rolls	TBA

### SALADS

\$6.50

**CAESAR SALAD** - Crispy cos lettuce, chicken, crispy bacon, parmesan, egg, croutons & whole egg mayo

**GREEK SALAD** - Cherry tomatoes, cucumber, red capsicum, Spanish onions, Danish fetta & canteen made vinaigrette

### SPECIALS OF THE DAY

\$6.00

**MONDAY** - Penne Neapolitan (a tasty tomato based pasta with garlic, onion, mixed herbs, crushed tomatoes & tasty cheese)

**TUESDAY** - Honey soy drummy's served with Jasmine rice

**WEDNESDAY** - Lasagne (Beef, crushed tomato's layered with lasagne sheets and topped with parmesan & tasty cheese)

**THURSDAY** - Butter chicken and basmati rice (a blend of spices with a butter chicken paste blended in a light cream)

**FRIDAY** - Beef ravioli served with bolognese sauce & a sprinkling of cheese, or Sushi

Volunteers are an essential part of our school canteen. With your help we can continue to keep fresh & healthy food at affordable prices. Even if you only have a few hours to spare. Your time is rewarded with lunch, appreciation & a chance to get to know your child's friends and other parents.

### DRINKS AVAILABLE ALL DAY

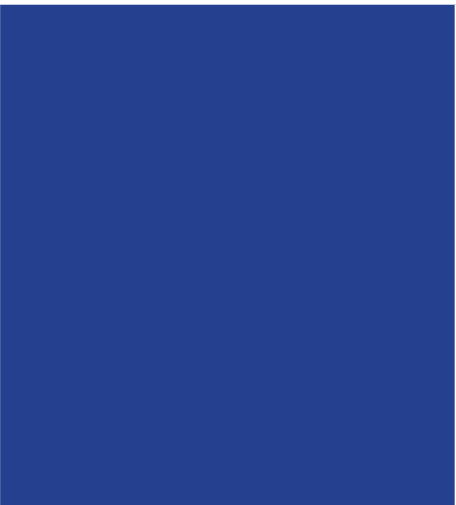
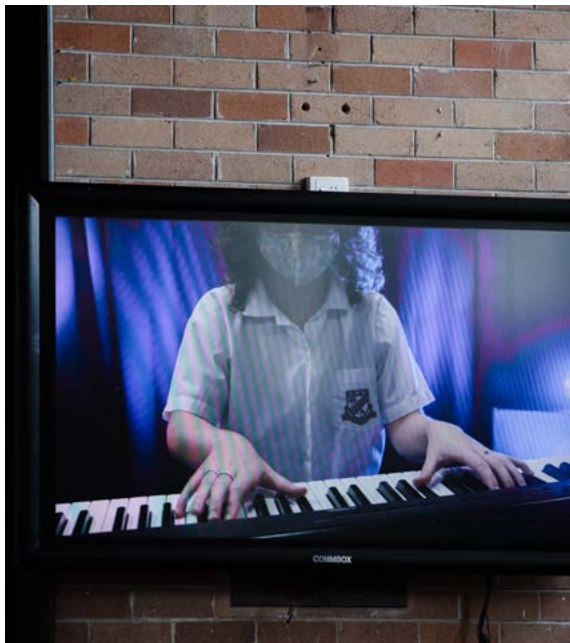
300ml Milkshakes	\$3.00
Chocolate, strawberry & vanilla malt	
Water pump 750ml	\$4.00
Water 300ml	\$2.00
Juices (orange & apple)	\$3.00
No sugar mineral water	\$2.80
Raspberry, apple & black currant	

You are welcome to contact Belinda's Kitchen if you have special dietary requirements eg gluten or lactose free [belindaskitchen@gmail.com](mailto:belindaskitchen@gmail.com). Pre - Order to avoid disappointment and waiting time.





CELEBRATING SUCCESS







MERRY CHRISTMAS AND BEST WISHES FOR 2022  
FROM THE ENTIRE NSHS COMMUNITY

